Mystery Motivator

Behavior Interventions in the Classroom

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Prevention Strategy: Mystery Motivator (pg. 22)
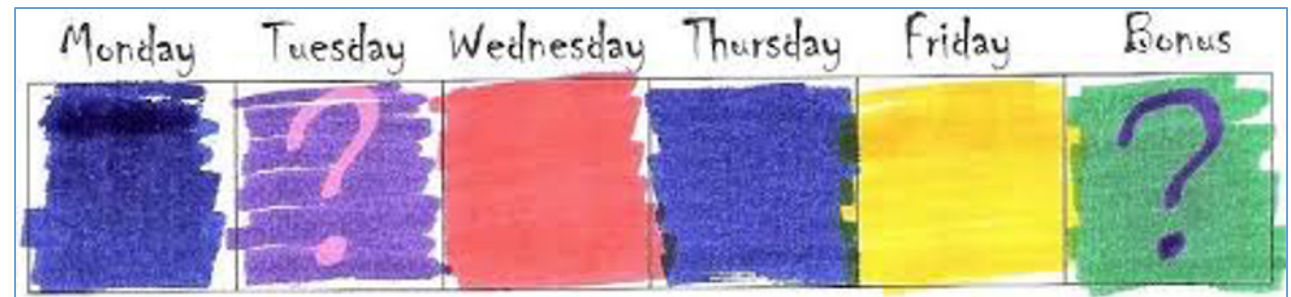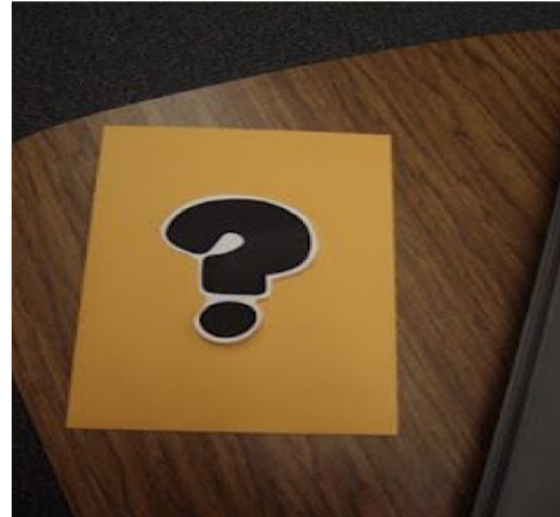
Prevent	Teach	Respond
What can we do to prevent problem behaviors from occurring in the first place?	How can we use effective teaching techniques to teach new and replacement behaviors?	How can we respond to behaviors in ways to reinforce school appropriate behaviors? How do we respond in ways that do not reinforce the problem behavior and prevent further escalation of behavior?

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Mystery Motivator Strategy

- Based on the principle of positive reinforcement – students have the opportunity to earn a reward for meeting a behavioral goal

- Components:
  - State and define the behavior that you are expecting
  - Structure the "mystery" incentive with goal
  - Hype it up!

- Classrooms in study (2014) showed immediate and significant reductions in disruptive behavior

(Rhode, Jenson, & Williams, 2020; Kowalewicz, E.A, & Coffee, G. 2014)

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How It Works

- Select when to run it (e.g., specific subject, time of day)

- Define target and replacement behaviors

- Set a goal (can make it a mystery too!)

- Establish a mystery motivator system

Example

- Baseline: Averaging 50 responses in the chat box per activity or question
- Goal: Increase the average number of responses in the chat box for each activity to 75 responses
- Mystery Motivator: ?

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Activity

- Take a moment to think about how you might be able to use the Mystery Motivator in your classroom and what you might use as rewards

- In the chat box, list 2-3 rewards that are low-cost and would not take a lot of time in the classroom

- Let's see if we meet the goal and earn the Mystery Motivator!

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Mystery Motivator Reveal!

Did we reach our goal?

Is it a "Mystery Motivator" Day?

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